

Improve Your Astrological Fluency Without Burying Yourself in Books

Kirah Tabourn | thastrology.com

Tuesday, April 19, 2022

Suggested Donation: \$12 - You can support this work via Cash App \$JasmyneGilbert or Venmo @Jasmyne-Gilbert

Knowledge Level: Beginner - little foundational knowledge of astrology required

Lecturer Bio: Kirah Tabourn (she/her/hers) is a contemporary astrologer, educator, consultant, and community builder living in Los Angeles, CA whose practice is rooted in the Hellenistic tradition. Tabourn is passionate about intersectionality and accessibility in the astrology community and aims to create a welcoming space for astrology lovers of all experience levels to celebrate the diversity of our craft. [Learn more about Kirah Tabourn on her website.](#)

Introduction & Level-Setting (00:00 - 03:11)

Tabourn described the webinar's key learning objectives:

1. How to approach studying astrology in a way that is inspiring instead of overwhelming
2. Ways to study astrology accessibly
3. Tips to improve fluency and gain knowledge

Are You Lost in Space or Grounded in Orbit? (03:12 - 08:33)

Tabourn described dual scenarios astrologers and astrology enthusiasts often encounter when they share their interest in the topic with friends:

Lost in Space

- Overwhelmed
- Downplays knowledge: "I don't know enough yet"
- Gives way too much information

Grounded in Orbit

- Excited to share knowledge
- Knows the most effective follow up questions to ask
- Offers enough info to intrigue but not overwhelm

She assured viewers that any feelings or anxiety or apprehension are normal and happen to many people because there is no widely available training for astrologers to learn accessible ways to engage people with astrological information.



Moving from Lost and Lonely to Connected and Fulfilled (08:35 - 41:44)

Tabourn then re-introduced herself and walked viewers through her personal journey with astrology, including what brought her to the practice and why astrology continues to be fulfilling to her. Some of the reasons she offers are how astrology helped her develop deep self-awareness and self-acceptance, and how the practice helped her gain a better understanding of the cyclical nature of time.

Over time, she realized that traditional/Hellenistic astrology provided her with structure and rationale for its concepts, while community helped her gain fluency by speaking the language of astrology with other enthusiasts. She credits both structure and community with helping her gain expertise. Over time, Tabourn developed the [Astrology That Hits](#) framework to help others learn ancient astrology and created an accessible and friendly astrological community through The 11th House*.

She stated that attendees could be “lost in space” for many reasons, especially since astrology isn’t always accessible, especially for beginners, and the U.S education system reinforces particular learning styles that don’t always meet everyone’s needs. She cited several reasons that people may find it hard to learn astrology:

- Neurodivergence
- Busy AF
- Chronic illness
- Financial troubles

Then Tabourn shared three mistakes that inhibited her learning:

1. She was gaining knowledge through too many different sources with no way to check them for accuracy or quality.
2. She thought that self-study was enough to become fluent and forgot that we learn languages most effectively through dialogue.
3. She was sharing her passion with people who were either disinterested or weren’t enthusiasts or practitioners.



How to Improve Your Astrological Fluency (41:45 - 54:29)

Tabourn shared three steps viewers could take to improve their fluency:

- Release limiting beliefs about their ability to learn and figure out how they learn best then learn astrology in a way that makes sense. Books, courses, and tutoring aren't the only ways to learn. She shared her preferred method for learning astrology and offered additional examples.
- Practice speaking the language of astrology in community with other people who are learning. This step is important because it helps people learn correct pronunciation and speak the various dialects and slang of astrology.
- Use the multi-tool that is astrology by practicing - that is the only way for new astros to learn to use the techniques nimbly.

[Download a copy of the webinar](#) to hear the resources and learning alternatives Tabourn proposed, as well as examples of common astrological language and techniques to practice.

It's Time to Get Fluent (54:30 - 1:07:24)

She offered attendees the opportunity to join The 11th House*, which she created as a way to help soothe people who are overwhelmed by learning astrology. Members of The 11th House gain access to several offerings:

- The Astrology that Hits Framework and Course Syllabus
- New and Full Moon Gatherings and Replays
- Monthly Guest Workshops and Archive (12 archived videos at the time of the recording)
- Kirah's Webinar Library (at least 12 webinars)
- Private Discord Community
- Monthly Reading Swaps
- Additional bonuses like live podcast recordings, exclusive discounts

Tour of The 11th House* and Live Q&A (1:07:25 - 1:25:19)

Tabourn gave attendees a tour of The 11th House community and answered questions from attendees. Please [download a copy of the webinar](#) to hear the attendee questions and see the demo of The 11th House.

Note: As of September 2023, The 11th House is closed, and Tabourn has begun operating Jove's House. You can learn more on her website at www.thestrology.com/join.